

Sat 6th July 2024 TIMINGS

ROUND 1

8:15 Registration and General Warm Up

8:35 Presentation/March On

8.40 First Piece Warm Up

	Vault	Bars	Beam	Floor
8.50 – 9.30	Group 1	Group 4	Group 3	Group 2
9.30 – 10.10	Group 2	Group 1	Group 4	Group 3
10.10 – 10.50	Group 3	Group 2	Group 1	Group 4
10.50 – 11.30	Group 4	Group 3	Group 2	Group 1

11:40 Presentation

12:00 Finish

ROUND 2

11:00 Registration

11:15 General Warm – up

11:40 March On

11:45 First Piece Warm Up

	Vault	Bars	Beam	Floor
12:00 – 12.40	Group 5	Group 8	Group 7	Group 6
12.40 – 1.20	Group 6	Group 5	Group 8	Group 7
1.20 - 2.00	Group 7	Group 6	Group 5	Group 8
2:00 – 2.45	Group 8	Group 7	Group 6	Group 5

3:00 Presentation

3.20 Finish

ROUND 3

2:30 Registration

2:45 General Warm Up

3:20 March On and First Piece Warm Up

	Vault	Bars	Beam	Floor
3.20 – 4.05	Group 9	Group 12	Group 11	Group 10
4.05 – 4.35	Group 10	Group 9	Group 12	Group 11
4.35 – 5.10	Group 11	Group 10	Group 9	Group 12
5.10 – 5.55	Group 12	Group 11	Group 10	Group 9

6.00 Presentation

6.30 Finish